

MEMBERSHIP FORM

3739 National Drive, Ste. 202, Raleigh, NC 27612

| Contact Info   | rmation                               |           |    |                |      |           |   |      |  |
|--|---------------------------------------|-----------|----|----------------|------|-----------|---|------|--|
| Prefix   | First Name                            | Last Nar  | ne | □Male<br>□Male |      |           | )   |      |  |
| Spouse/Partner   | First Name                            | Last Name |    |                |      |           | Medical Speci   | alty |  |
| Address  |                                       |           |    | (              | City |           | State   | Zip  |  |
| *Mobile Phone Home Phone Email Add   |                                       |           |    |                |      |           |   |      |  |
| May NCMSA contact you using the NCMSA *text message system? (Rates may apply)  |                                       |           |    |                |      |           |   |      |  |
| County of Residence County Alliance Name*  |                                       |           |    |                |      |           |   |      |  |
| *If there is no County Alliance in your area, are you interested in forming or reactivating a County Alliance?   |                                       |           |    |                |      |           |   |      |  |
| Annual Membership Type & Dues   Membership Year: June 1, 2023 – May 31, 2024   |                                       |           |    |                |      |           |   |      |  |
| Individual State Membership  Regular Member or Spouse/Partner - \$50  Medical Student Member or Spouse/Partner - \$10  Resident Physician Member or Spouse/Partner - \$10  Resident Physician Member or Spouse/Partner - \$10  Resident Physician Couple - \$20  Add County Membership: Cabarrus or Cape Fear \$40   Wake \$30  Greater Greensboro \$80 (includes both State and Greensboro Dues)  County Alliance Name  Add AMAA Membership  AMAA Dues - \$65 |                                       |           |    |                |      | 0 SED: \$ | Donation to NCMSA  Added to my due's payment is my tax-deductible donation of \$ to the Health Education Opportunity Fund which will support Alliance programs.  \$ |      |  |
| Information Share your tale  | nts and interests:                    |           |    |                |      |           |   |      |  |
| o Areas  | of Talents/Expertise:<br>sts/Hobbies: |           |    |                |      |           |   |      |  |
| Indicate your interest in serving with a group of other Alliance members in the following areas. Some meetings are via Zoom.  ☐ Membership Development  ☐ Program Development  |                                       |           |    |                |      |           |   |      |  |

# NCMSA is looking ahead to the next centennial.

We are reimagining our Alliance and invite all interested Alliance members to join us in this exciting journey. There will be a number of ways you can help from answering simple Survey Monkey questions, to serving on committees. We want a broad perspective from our members so each of our voices count. We need to hear from you and we need your help in creating the NCMSA for future generations.

Please contact Barbara Lupton at bylupton@gmail.com if you are interested in serving on a committee.

# President's Message

Dear Past, Present, and Prospective Members,

I am honored to be serving as the NCMSA Alliance President for 2023-24. Our board and members all hope to continue being a force for good as we celebrate the journey of our past 100 years and look to the future.

You can take a visual journey through the long-term impact of the Alliance by clicking the NCMS Alliance webpage covering past centuries by decades and see how far we have come! <a href="https://www.ncmsalliance.org/">https://www.ncmsalliance.org/</a>. With the support of our County Medical Societies and the County Alliances, the Alliance brings unique understanding and perspective to the challenges faced by today's physician families.

Our goal is to be a leader in health education and non-profit support. Due to the pandemic, we've all rediscovered the significance of health awareness and togetherness. Our state network helps provide the backbone.

Join our Zoom meetings as we focus on member engagement by emphasizing our connection and mission. I can say with grateful appreciation that "It's all about Making a Difference" and leaving the world in a better place.

Our board is of service to you. If you have an interest in serving at the State level, please contact me. Our committees welcome dedicated individuals. Involvement does not have deadlines nor require serving as a Board Member. Please contact me with inquiries and/or ideas.

With sincerity, Meeti Nigam 2023-24 NCMS Alliance President

#### 2023-24 Board

#### Meeti Nigam, President

Charlotte, NC 434-228-0220 phone/text

Email: nigammeeti@gmail.com

#### **Barbara Lupton, Treasurer**

Greensboro, NC 336-706-2372 phone/text Email: <u>bvlupton@gmail.com</u>

### Susan Edens Hammer, Secretary

Raleigh, NC

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# Zohra Osman, VP for Membership Development

Raleigh, NC

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## Kirby Sheridan, VP for Program Development

Concord, NC

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### **Cathy Ingram, Director**

Greensboro, NC

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### Sandra Pagano, Director

Pineville, NC

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#### Swati Patel, Director

Summerfield, NC 336-543-7837 phone/text

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